

Think Rich!

This method encourages you to reap the full personal and psychological benefits of previously unimaginable wealth, through fundamentally altering primary beliefs about yourself and the world.

It is easy to learn and once learnt, effortless to use. It has been extremely successful in practically helping to break the cycle of subsistence living and also reduce levels of work related stress. It has been known to dramatically to increase general productivity, personal wealth and quality of life.

With help, guidance and advice from your personal Wealth Coach, you can learn how to put the benefits of the **Think Rich Method**[™] into practice, safely and successfully.

How Does it Work?

The **Think Rich Method** demands that you do one main thing, and that is to Think-Rich!

You will learn useful and practical methods for instantly experiencing the enormous positive psychological benefits of thinking rich. You will be guided through a variety of conceptual exercises, meditations and visualisations which will challenge many of your primary assumptions and attitudes towards money and wealth.

This vital and complex combination of Think Rich exercises will empower you to feel extremely wealthy, and as a result will enormously enrich every aspect of your life, and consequentially it may trigger increased wealth in your finances.

What is Poverty?

We all know that the definition poverty is very relative, what is considered relatively 'poor' in Western countries might be considered Luxurious from the perspective some parts of the Third World.

We are therefore rich or poor for the most part in relation to other people around us, or rich or poor in comparison to what we think being rich or being poor is.

In a recent survey only 0.5 percent of people questioned felt that they were rich, and even the majority of people making £200, 000 per year did not really feel that they were sufficiently rich. (Be Unlimited Issue 2, 2004).

So even though in real terms we in the West live in perhaps one of the most materially superabundant times in the history of humanity, most of us don't feel particularly rich. Therefore poverty in its broadest term is not about, is not what you actually have, but what you do and how you *feel* about what you have or don't have.

Poor Thinking

My argument is that, not only are many of us feeling poor, but as a result, we are not thinking particularly 'rich'. Furthermore subsequently many of us are actually restricting and reducing real future possibilities for financial wealth and security.

Poor thinking not only keeps people in low incomes, in low incomes, but also stops people in higher income brackets from becoming significantly wealthier.

In some cases innate or learnt poor thinking pulls them back down into the low income bracket. This is often the case with people who win lotteries often sabotage their wealth, because they do not know how and have never been taught to think rich, and end up back a square one, where they are ironically far more comfortable.

What is Wealth?

Imagine being wealthy, but feeling empty? Imagine being wealthy but feeling unhealthy? What's the point of your wealth if it leaves you with an inner void? Or you're unable to enjoy your wealth?

What if you loose touch with the people you love to pursue that mountain of possessions and luxuries you now have? Is it, was it, worth it?

We must conclude therefore that wealth is far more than the possession of excess capital, and the benefits of a luxury lifestyle, it is in addition and primarily a feeling, mode of being and a state of mind.

Ultimately we need to build a new model of wealth; it is the presence, in equal and corresponding measure of material wealth and personal psychological wealth, which I call physical and spiritual wealth.

Do You Want it?

One of the main challenges that faces anyone thinking about adopting the **Think Rich Method** is the question why? Why do you want to be rich?

Do you want to be rich or just comfortable? What does it mean to be rich? Or do you just hate being poor? And the answer is sometime slightly paradoxical.

Most people just don't want to be poor, nor do they really want to be rich either; they want to have enough to survive and live comfortably.

Some people aren't satisfied with merely 'getting by' and want more, they want to be wealthy. However, what is driving this need for wealth?

Sometimes people who seem driven to become wealthy are in fact not very wealthy as human beings, their desire for wealth often makes them two dimensional and shallow. For the most part the need for superabundance only hides the deeper need, the inner void of personal and psychological wealth.

It is in fact that inner lack that drives them to attempt to be 'successful'. However, realistically if you are going to become rich, it needs serious dedication and you are going to need a good reason to go that extra mile to bring in those extra fish.

Like Being Poor?

There are a number of relatively healthier reasons to desire to be wealthy and even wealthier than you currently are, that are not driven by an inner void or feeling of insecurity.

Firstly it's important to look at what exists on the other end of the economic scale of wealth and that is poverty. The question which may seem simple but one you must ask yourself if you are going to become wealthy is what is it like to be poor and do you want to be poor?

What are the positive and negative aspects of personal and financial poverty? You need to seriously think about, and meditate on the negative aspects of poverty, in your life, and the lives of those around you and for people of the world.

If you want to be rich you need wholeheartedly reject the negative aspects of poverty, both personally, financially and globally. It is good to remember that there is definitely dignity in the Humanity of people who are poor, but no dignity in poverty itself.

Do You Deserve it?

I have found with a number of different clients that people feel they have to work very hard to deserve being more wealthy.

They often believe that you need sweat, blood and tears to make more money. They feel that they don't really deserve to be rich without real hard work and lots of stress and pain.

They often feel that its not good to be rich, ideas echo in their heads like: 'filthy rich' or 'the rich man doesn't enter heaven' or 'wealth is the gloating of capitalist oppression on the working classes' etc... there are many reasons why people don't feel comfortable with the idea of being wealthy, and yet at the same time want very much to be more financially secure and wealthy.

The **Think Rich Method** – proposes that if you do not feel you deserve to be rich then, you may not ever become rich, if you feel that you do deserve it – you are far more likely to make your conviction a reality.

Rich Thinking

The Talmud says that *'there is no poverty, except that of the mind, and there is no wealth greater than that of the mind'*. It can also be said that wealth and poverty are to a larger extent than society has led us to believe also states of mind.

The main aim of the **Think Rich Method** is to rebalance, stimulate, and make manifest the personal and psychological side of the wealth equation.

The hope is that by helping you to feel wealthy, in your current situation, the psychological transformation of feeling and thinking rich will, make you comfortable and open to the possibility for future financial wealth creation.

If this additional financial abundance does not materialise, then one thing is for sure, the **Think Rich Method** will help you feel extremely wealthy, grateful and satisfied with both your current financial situation and your life.

What is Greed?

Greed is one of the deadly sins... but why? How can you become rich and wealthy without being greedy? Is it at all possible? Greed is insatiable, it consumes, and eventually it destroys. But what is it?

Greed is like a hunger, a void, a lack inside that translates itself into a desperate need for things, power and wealth, but the problem with greed is that it doesn't ever go away. Even when you get what you were greedy for, you'll soon find that the temporary elation has worn off, and that you desire something else, something new, more of whatever it is you want.

It is like an addiction, it is an unhealthy psychological tendency which does not mean that you are wealthy (even if you have amassed an enormous amount in your offshore bank account) it just means you have a problem being yourself, which means you need real help.

Therefore greed is not going to make you happy, and its not going to make you rich, it may propel you to amass lots of money, but it will stop you from really enjoying that money, (so what's the point?) it will stop you from being a wealthy person.

The Universe

I believe that the universe is like a vacuum, whatever you do effects the whole system, collectively our carelessness has a huge impact on the environment, but also in the realm of personal interaction, our actions effect all of those around us, and the negative psychological energy comes straight back to us.

Whatever you give out, you get back but usually it seems as though it is tenfold. The universe works the other way around too. If you genuinely give out positive psychological energy then positive is what you are going to get back.

Life and the universe are supremely intelligent; our own life is a reflection of who we really are and what we really want.

What Goes Around?

As mentioned before the universe is clever, it knows what you are thinking, and what you truly believe about yourself and the world. The reason is because although you may feel separate and distinct from the universe- you are not.

You can not hide yourself from the universe - it is everywhere! And you are part of it! What you do, think and feel directly effects your corner of the world and perhaps even the entire cosmos. If you believe you are worthless then so will the world, if you believe you are capable and wonderful then – guess what? So will the world!

What you think effects how you feel about yourself, and how other people see and treat you. More subtly what you think about yourself and the world, effects the way the world reacts towards you. What goes around – comes around... so give out positivity and your will receive positivity. Feel good, think good, do good and the universe will do good to you.

Trusting Life

A major factor in the **Think Rich Method** is Trusting Life, yes I know for some this is a hard one, but if you truly want to be rich then you will need to trust, in fact you need to have Big Trust!

Trust in life, trust in God, trust in the universe, trust in yourself, trust in the people closest to you and trust in the world. I know you may have experienced how painful and callus people can be, but I'm asking you to let go of the past, and trust your future.

Trust that life can support you, trust that people can be good, trust that God is on your side, and wants the best for you. Trust that if you are honest with yourself, then you can achieve more than you can dream. Thinking rich means, trusting yourself, and trusting all of life. This is called – 'Proanoia' – the belief that everyone is trying to help you.

Ethics

Some people still find the idea of wanting to be wealthy and rich distasteful and very American, in my defence, I feel I have to point out that being wealthy and rich does not necessarily mean that you live your life ripping people off at every opportunity, or being obsessed by money, quite the contrary.

The way the **Think Rich Method** works is based on the laws of cause and effect. If you are always dishonest with others you will find that you think others are dishonest with you, and more often than not, they actually are. This is because what you believe often comes true, and because the way life works is a simple matter of cause and effect.

If you steal from others, someone will eventually steal from you. That is just the way it is. That's why ethics are so important in business! and most important in the **Think Rich Method**.

Being ethical and living an ethical life, means that you are learning to be and become ethically and morally wealthy, doing the right thing may not reap its dividends immediately, but in the long run, the psychological and spiritual benefits help you feel like an enormously wealthy individual, so you can face yourself every night and face the world each morning, with the knowledge that you are an amazing and courageous person, who is doing the right thing with your life.

The Power of...

The Power of Thinking Rich! It is amazing the change in posture, attitude, feelings and thought that the idea of being rich can have. It can brighten up your day; fill you with a sense of joy, calm and inner-peace. It can release a real sense of freedom and power.

Thinking rich is a radical and empowering method of tapping into your own inner wealth. With the Think Rich Method you can begin to feel the benefits of wealth without having to spend lots of money. It can brake down old poor habits, and replace them with brand new feelings of comfort and contentment.

Thinking rich gives you a taste of wealth, and gives you the desire to taste even more! It is balanced and nourishing, and will allow you to experience your own psychological reservoir of inner wealth and confidence.

Visualisation

Many people have imagined what it might be like if they won the lottery, what they would spend the money on, where they would go etc... but very few actually imagine what it might really feel like? I want you to actually imagine what it might be like to become very wealthy now.

I want you to imagine the feeling of winning the largest jackpot in history, more money than you could possibly spend in a lifetime. Go ahead! Its just an idea, a thought, think about it, imagine it, how do you feel?

Being super rich, and extremely wealthy? As part of the Think Rich Method you will be encouraged to explore in detail the feeling of immense wealth, and visualise in detail how you would live your life, if your were very wealthy. The use of visualisation is vital, but equally as important is the ability to imagine the feelings associated with being and becoming very rich.

Think about it, all the things you would buy, the places you would go, and the people you would meet. Visualize where you live, and what your day is like. Picture what your life would be like if you had no financial worries or concerns...

Imagination

Thinking Rich – involves thinking! And there are many ways to think, and many types of thought. There is abstract thought, emotional thought and practical thought, new ideas, memories, dreams, desires and imagination. There are also different types of imagination, visual, aural and experiential etc...

The **Think Rich Method** employs all these types of thought, but mainly your brain's imagination centre. Thinking rich involves the use of your imagination; it necessitates lots of imagination, and a temporary suspension of disbelief.

I'd like you to think about most peoples current state of mind as being poor, we are told by the media and all the magazines and TV we watch, that what we have is not good enough, what we are is not good enough, we have been born into this culture and we are often saturated with it. So in order to counter this poverty thinking indoctrination, it is sometimes necessary to swing the pendulum in the oppose direction, with the use of your imagination.

Our imagination is an often overlooked but extremely powerful and useful part of our thinking process. It is through your imagination that you negotiate your way though life, it is the most important key you have in the **Think Rich Method**.

Tasting Wealth

I want you to imagine that everything you do, everywhere you go, and everything you experience is a taste of your wealth.

I want you to enjoy what you have now, take time to smell the flowers, to enjoy the experience of walking and just being. Whatever experience you have I want you see it as part of your wealth, it is part of the process of enjoying what you have, part of loving your corner of the earth, part of you experiencing increased wealth, health and happiness.

Looking After No.1

Behaving in a rich and wealthy manner means that you treat yourself, (your body) as would a real prince, you only give yourself the best, you treat you body as a temple and your soul as the fire that burns within.

You treat yourself with respect and dignity, but you are also free to be yourself completely.

Script Change

Growing up, we learn to react to different situations in a number of ways, we explore and discover the limits of our self and what we can and can not do. Our parents, friends and peers all helped to shape the way we see and understand ourselves.

The problem is, that often the opinion we have gained about ourselves from other people, can be wrong, incorrect and based on a whole series of subjective interpretations, which we made when we were small children. Children are wonderful, and I'm, sure as a child you were great, however, as a child you could not be expected to make sound logical and objective judgements about yourself or the world.

Yet many of us still carry around with us (and practically use) a view of ourselves and a map of the world that we learnt when we were kids. These worldviews, although having developed, have not fundamentally changed, they are our scripts, our navigation methods, and if they are wrong, then we will never know how to move on with our lives, we will be forever stuck in the same lifecycles.

Learnt helplessness, poor opinions of yourself, low self-esteem, poor self-worth, thinking that you are not good enough, are all learnt views of ourselves, and because they were learnt, thankfully they can also be un-learnt.

Re-learning can be challenging, it takes time, but it is very possible and achievable. The Think Rich Method will challenge the self defeating views you have of yourself and the world and help you to change the way you see and understand yourself. It will help to promote a new sense of self belief, a rediscovered confidence, a rekindled love/passion for life, and the self-assurance to become extremely happy, healthy and wealthy.

Rich in Yourself

Thinking Rich, imagining wealth, feeling rich are all great and important steps along the path to becoming rich. However, these feelings, thoughts, ideas must also translate into action, and into experience, that you share with others.

If you are rich then there's no one to prove anything to, nothing to achieve, no deadlines no bills to pay etc... but hopefully you are also rich in yourself, you feel good about yourself and you don't need to belittle others or laugh at their mistakes.

If you are a wealthy person then your inner wealth overflows into your dealings with other people, you have emotional space to give of yourself, you have the time and state of inner calm and confidence to truly listen to another. Think

Rich means that you become rich, you feel rich and you act rich.

Thinking rich can if you let it truly enrich your life, your own sense of worth, and radically improve your business, family, and social life.

Rich in Time

"This is your last incarnation... but live knowing you have a thousand years to live it" – adapted from Rabbi M.M. Schneerson

In today's world we run around like headless chickens, running as fast as we can without knowing where we are going or why. It is as if we don't have enough time, the more free time we get the more will fill it with things to do. But why? Are we afraid of dying? Or are we just afraid of doing nothing? Of the silence of being on our own?

We continue to press on our stress buttons, so we run faster get more done, but often are left not know what exactly have we achieved today?

In order to counter balance this silly business I would like you to imagine that as well as being financially rich, you are also and most

importantly rich in time. This is what your wealth buys you.

This means that you are rich with your time, in fact that you've got all the time in the world, your feeling of wealth, have lowered your blood pressure, reduced your stress levels and brought you health, and has even extended your life span.

So there's no rush. The more you rush the quicker to die. The more you relax and take it easy the longer you'll live and the happier you'll be. You are calm and patient, any thing you, do you do in your time.

There's no need to drive yourself crazy you've got all the time you need to do what you want and need to do.

The Switch

This mental switch, the 'Rich Switch' is what we will be aiming to turn on, and begin to activate your innate power and ability to be and become very wealthy.

In order to find this switch, you will have to get in touch with and find your own 'inner millionaire.' This is the real goal of the Think Rich Method.

I don't mean that there is a little suited millionaire living in your head, rather I mean that within you and perhaps many people there lies the potential for successful wealth creation.

The Think Rich Method aims to stimulate that potential and awaken the millionaire in you to wake up and take control of your life. Because it is your own innate millionaire potential that will personally guide and help you become tremendously wealthy.

Lots of Space

One of the many benefits of thinking rich is a sense of expanded self, that you feel free to be yourself, that have room enough to be yourself without encroaching on other people's space. I want you to imagine that at all times you standing in the middle of a huge warm sun filled open field, with your arms stretch to the sky and a genuine smile that inspires everyone that sees you.

You have all the space you need to be yourself fully, to express yourself fully and be who you really are. And surprisingly you give other people plenty of space to be themselves, that's how generous and wealthy you are.

Letting Go of Fear

Fear can often stop you from achieving goals and fear more than anything can if you allow it, stop you from becoming rich and wealthy. The reason for this is simple, fear is the emotion most closely related to that of poverty. Fear is the exact opposite of the experience of wealth and being rich.

So it makes sense that in order to become rich you are going to have to learn to let go of fear. Fear is instinctual, it is part of our evolutionary make up, and it is part of the survival instinct, part of the 'Fight or Flight' reaction. It has helped your ancestors survive for millions of years, as small furry animals, to hunter-gatherers but this type of survival technique, is primordial, very basic, and not very evolved.

In today's complex world relying on fear and your survival instinct is only get you so far in life, in addition you will feel stressed, anxious and worried, which are no good for your health and also no good if you really want to be and feel very wealthy.

So you need to learn to let go of fear and learn to trust and believe, that everything is alright, that no one is out to get you, that life loves and supports you and wants you to be happy, healthy and successful.

There are simple methods for letting go of fear, lots of relaxation techniques, breathing

exercises, creative visualisations etc... which are all included in the **Think Rich Method** and they all help you to relax, be calm, focussed and free of fear.

Knowing your worth

A by-product of the Think Rich programme you will start to realise your truth worth, and you will gain an increased feeling of self-respect and self-worth. You will not be embarrassed to demand you get paid for the great service you provide and the good job you do.

In addition you will notice and recognise the worth of others not just in financial terms but also in personal and spiritual terms. This means that you respect yourself and you also respect others.

Having Everything

'Who is rich? Who is happy with what they have!' – Ethics of the Fathers

It is lovely to dream of such gargantuan and fanciful fortunes but the truth of the matter is you are probably not that rich and you might not every be that rich.

The question is why? What is stopping you from being substantially wealthier than you currently are?

I believe that both you and the universe know that with such wealth you would probably not be very happy for very long, and that you are happy just surviving on what you have now. However I believe that there in an infinite amount of wealth, health and happiness out their just weighting for you.

The question is; what can you do to get it? and why haven't got much of it till now? Let me ask you a better question. What are you doing to appreciate and really fully enjoy what you have now? Do you often forget how lucky you are? Do often take the luxuries you have for granted? Do you feel empty inside instead of wealthy?

If the answer to these questions is yes, then you're probably just like the rest of us, just very human. However if you really want to be very

rich then you are going to have to start feeling and realising that you are now – already very rich.

Another way I like to explain this is that you have inherited a massive fortune, however the stipulation of the will was that you would get more money only if you enjoyed and fully appreciated what you received to this point.

However if you for any reason forgot or stopped appreciating what you have then, no further funds may be withdrawn, except for vital living and survival costs.

Extreme Wealth

As mentioned previously, it is important to swing the 'rich-poor' pendulum in the opposite extreme to the poverty norm. This means that you will need to be able to suspend your disbelief and embrace the idea of being very wealthy.

Moreover, we will explore the idea of being supremely rich, to a point of almost ridiculous opulence. This need to imagine yourself in a position of extreme wealth has its antecedence in the biblical story of Adam – the first human being. The classic commentaries ask why was Adam created alone? – To which they answer 'to teach each and every human being that the entire world was created for them!' –(Rashi)

These ancient scholars believed it was an important ingredient in personal and spiritual development to believe and imagine that on some level the entire world was created for the individual. That means that the entire world was created for you!

So go ahead imagine! Imagine you are the richest person in the world. You can have any thing you want any material possessions are yours you only have to ask, but you don't need anything, because you already own everything; the chairs you are sitting on, the building we are in, many, if not all of the shops in the area.

The cars, and the buses, this whole part of town, the whole city, the entire county and all the countryside around it, spreading to all of the surrounding counties, all this belongs to you and more.

The trains linking city to city, and roads linking towns to towns and the fields in between them, all the hospitals and amenities, the buildings everything in them.

The boats and yachts, huge cruse ships, oil tankers, they are all yours, they belong to you, the majority of the entire world is your own personal possession, in fact the whole world, now from this moment is yours.

There is no-thing that isn't yours, you are the owner of the entire world! Right now, at this moment... take some time to appreciate and experience what it feels like to be so utterly wealthy.

There are no worries, you don't need to worry about anything. There is nothing to get stressed about, You don't NEED anything, you've got whatever you need.

Everyone works for you...You are your own person...This is your kingdom... sit back and breathe in the deep sense of security, and well-being, that complete relaxation and total confidence, that joy and even happiness that comes with the idea of being so extremely rich.

Imagine now you have just gained all the emotional benefits of being rich, without having to open a new bank account or even make a penny, and also without any of the extreme worries or burdens that most extremely wealthy people have, so in a sense you're even richer than them.

Giving Yourself Permission

As part of the **Think Rich Method**, you will be encouraged to rethink your views about wealth and being rich, and view wealth as your natural God-given right as a human being. Wanting to be wealthy means that; you want to provide an environment which encourages and supports your optimum health and happiness, both for yourself and your family and the world around you.

Being wealthy doesn't mean being greedy, it means being free to live the life you want. Being rich and wealthy allows you to be yourself

completely, and you owe yourself that. In this day and age in order to live freely and be yourself you need to be very wealthy. 'I deserve to be wealthy', 'being very rich is good for me', 'I want to be rich!', 'I am allowed to be rich', 'wealth is helps me be myself fully', 'being rich is good', 'there is an infinite amount of wealth heading in my direction,

I've just got to make the vessels to catch it and make the most of it'... invent your own positive tailor-made wealth affirmation and repeat it to yourself as much as you like for as long as possible.

Getting the Best!

By thinking rich you bring out the best in yourself, you are the best you can be, and others see and recognise that in you, and in turn they give you the best. If you truly know your worth, if you love and respect yourself and others, then you will demand only the best from your self and from others. You will also demand the best for yourself and for others, and because you know that you truly deserve to get the best, you will always get the best.

Feeling Rich

Feeling wealthy as a result of thinking rich is one of the major goals and achievements of the Think Rich Method. If you can convince your brain for long enough and flood your mind with those feel good chemicals, then you know what it is like to feel wealthy.

Feeling rich means that you have reminded yourself that you can 'be' rich and feel rich, if you decide to be. The goal of feeling rich is achievable, but sustaining that feeling and many of the feelings that accompany feeling rich takes time and lots of practice. But in doing so you immediately reap the benefits of feeling, calm at peace and 10 feet high.

You have the power and ability to choose what you think about, and therefore also have the power to choose how you feel. You can feel rich anytime and any place, and the more you do, the richer you will feel, and the rich you will become.

Breathing Wealth

It is not enough that you imagine and think about being wealthy or that occasionally you feel a bit rich, it is wealthy breathing that will utterly transform your life.

Your lungs are the bridge between your mind and your heart, it is with your lungs and specific breathing techniques that you can fundamentally change the way you feel about yourself, and become an essentially more wealthy person. It may sound like yogic nonsense, but breathing and living with the idea of personal wealth is the best way to rid yourself of many of your self-limiting beliefs about being wealthy and being very rich.

Breathe out poverty and breathe in wealth, breathe out lacking and need and breathe in contentment and success.

Breathe out fear and breathe in trust, breathe out resentment and breathe in hope. Out hate in love, out pain in joy, out stress in relaxation...etc... the hope is that eventually you might not need to breathe out any negativity because there will not be any left in you, then you will just be breathing and appreciating the wealth and riches of your life.

Better Vision

To Think Rich means; to learn to see things differently, to begin to see people and situations differently, in a more positive and optimistic fashion, it also means that you can begin to see the positive consequences of your new and more positive vision.

Seeing things in the long run, as opposed to being short-sighted and money grabbing, this means planning for long term investment both financially and for your own wellbeing. You will have the power to raise your head above the mundane demands of the here and now, and envision a future that you can walk towards, confidently and realistically.

Feeling and thinking rich will help you to enormously expand your worldview, you will be able to see that things that you thought were impossible and out of your reach are (with some planning) graspable and achievable. Personal and lifelong success are yours, they are your right – so begin to see a brighter future – now!

Being Positive

Part of the change in attitude you need to adopt when starting the Think Rich programme, is to try to begin to think more positively, and in general be more positive. Being more positive is a sign of a more healthy you. You don't have to be overly optimistic, but you do have to be optimistic.

As the old saying goes, 'Think good and it will be good'. The more you think positively, the more likely you are to make it happen. If there happens to be any challenges, the more positively you think and feel the more likely you are to overcome these obstacles.

Being, thinking and feeling more positive – means that you will make positive choices in your life, it means that people around you will like being around you, it means that you are sending out positive psychological energy to the whole world.

Thinking and being more positive, one of the most important ingredients of the Think Rich Method. In fact thinking rich is an extension of positive thinking.

It is part of trusting life fully, and taking real control of your life. It is part of not being fearful, feeling rich and being happy. So being positive is what you've got to be, if you want to make your dreams come true, and if you want to be happy. In short, if you want to start being and feeling happy with your life, then start to think positive, think happy and Think Rich!

Acting Rich

There is a danger for those not familiar with this type of personal devolvement process to, miss understand the idea of being rich and take it to its 'seeming' logical conclusion, that is spending lots of money, whether that be your own or other peoples.

This however is Not what the Think Rich Method is about, nor do we encourage such rash and foolish activities.

The point of asking you to act rich does not mean you should spend beyond your means, such actions usually betrays the remnants of an active and very much alive poverty behaviour pattern, and a lack of rich thinking.

Knowing It Works

As with any good advice the problem is trying to convince yourself it is going to work, even though there is a very cynical voice in your head telling you its all rubbish.

The truth is, the Think Rich Method is not fool proof, it is not a 'get rich quick', 'one model fits all' answer to your problems. If you don't believe it will work, then you are 100% right! It won't!

The philosophy behind the Think Rich Method is quite simple; it is a belief in 'self-fulfilling prophecies'. If you think poor – you'll more often or not be poor, if you think rich – your life will definitely improve.

The trick and solution to making the Think Rich Method work for you is, not just believing it works, but knowing it works. The proof is in the pudding! Try it, and if it works then great, it works! And if not, then maybe now is not the right time for you to become very wealthy through this method, try another, and another, but if they all don't work you have to ask yourself this question: Is it these Get Rich Quick methods that have failed me or am I not taking responsibility for my own wealth or for my own life? And yes it's a very difficult question, who's responsible for my ability to become wealthy?

The answer lies squarely at your own feet... You are! No one else, not me or this 'Method', but you.

The Think Rich Method works, if you want it to, it will help you to make your dreams come true, but you have to believe in it, and you have to believe in yourself to make your dreams come true.